

# Patagonia Itinerary

## February 22-March 2, 2020

### Day 1, Buenos Aires / Arrival

Our journey begins in Buenos Aires, known as “The Paris of South America” for its buildings that display a beautiful French architectural-style, this romantic city will be our meeting point on this trip where the best steaks and a great glass of Malbec red wine can be enjoyed. Upon arrival, our local guide will be waiting for you in the airport, along with him/her, you’ll go on an exciting sightseeing city tour through the romantic city of Buenos Aires. Transfer to your hotel after the tour. Enjoy complimentary empanadas (Argentinean snack).



and take a catamaran ride to explore the north face of this majestic glacier. Transfer back to the hotel after the tour.

### Day 4, El Calafate / Torres del Paine

Kick off your day with a Mysore-style yoga practice. After breakfast, you’ll be picked up in your hotel for your transfer ahead to Cerro Castillo (Chilean border). Get off at the Argentine border first to complete border procedures and then continue for another 15 min to reach the Chilean border. After entering Chile, meet your Chilean local guide and enjoy a cup of coffee in the Ovejero cafe before heading to your hotel located inside the Torres del Paine National Park.

### Day 5, Las Torres trekking

Start your day with Mysore practice, followed by an energizing breakfast. Afterwards, along with your trekking guide, begin a hiking adventure up to the Towers of Paine (Las Torres del Paine), three-granite outstanding peaks considered the world’s fifth most beautiful place. Along the trail, enjoy hiking through the Magellanic forest with great views of the Ascencio valley and the Paine mountain range as you approach the towers. Upon arrival, take some time to enjoy the gorgeous towers, this a good spot for a lunch break. Return to the hotel, the same way.



### Day 2, Buenos Aires / El Calafate

Start the day with a Mysore-style yoga practice followed by breakfast. Take a private transfer to the local airport to catch your flight to El Calafate. Upon arrival, transfer to your hotel. Enjoy time at your leisure, have a glass of wine while enjoying the beautiful view of Lago Argentino from your hotel.

### Day 3, El Calafate

Start your day with a Mysore-style yoga practice followed by a energetic breakfast. On board of a private van, drive Southwest off El Calafate to begin a thrilling guided private excursion to Perito Moreno Glacier, one of the most beautiful and unique glaciers in Patagonia. Walk through the pathways along the front face

### Day 6, Torres del Paine - El Calafate

Begin your day with Mysore practice. After breakfast, on board a private van, you’ll make your way back to the Chilean border. After completing the border procedures to exit Chile, you will continue your journey to the Argentinian border, then to your final destination, El Calafate.



### Day 7, El Calafate - El Chalten

After Mysore practice, have a delicious breakfast before your transfer to El Chalten. Upon arrival, enjoy the rest of your day at your leisure to explore the town or get involved in a the following self-guided short hikes:

- Mirador de los Condores, 2km/0.62ml - 1 hrs round trip
- Mirador de las Aguilar, located 15 minutes from Mirador de los Condores
- Chorrillo del Salto, 6km/3.72ml - 3hrs round trip

### Day 8, El Chalten - Fitz Roy

After Mysore practice, enjoy a delicious breakfast. Along with your trekking guide, take a 35 min ride to Estancia El Pilar, the start hiking point. Begin a thrilling hike up to the Fitz Roy summit viewpoint. Hike through the Magellan forest and enjoy great views of the beautiful scenery while keeping an eye open for giant woodpeckers, these beautiful birds spend hours pecking on trees. After reaching the viewpoint, take some time to enjoy the view of this majestic summit, needless to say, this is a great spot for a lunch-box break. Since you are hiking on a different trail to return to El Chalten, enjoy more beautiful views along the way.



### Day 9, El Chalten - Cerro Torre

Begin with Mysore practice, and after breakfast, you’ll begin your hike off town to the head trail of Cerro Torre, climb a few meters to reach the viewpoint of El Chalten, from here the trail includes some smalls ascents and descents until reaching a valley where the path gets gentler and gentler. Cerro Torre is the spikiest needle of all summits within the mountain range along the Patagonian icefield, a dream peak for climbers. Upon arrival, enjoy the view of Laguna Torre and Torre glacier against the backdrop of the jaw-dropping peak of Cerro Torre. Return to town the same way.

### Day 10, El Chalten - Buenos Aires - Departure day

Enjoy your last yoga session in the pristine Patagonian land, and after breakfast, you’ll be transferred to El Calafate airport for your flight ahead to return to the romantic city of Buenos Aires. you’ll spend some time at the airport before taking your international flight back home.