

Tim Feldmann 2010 Weekend Workshop
November 19-22, 2010

Workshop Registration Form

Name: _____ Age: _____ Sex (M/F): _____

Address: _____

City: _____ State: _____ Zip: _____

Contact Phone: _____ Add. Phone: _____

Email: _____ Website: _____

How did you find out about our program? _____

COST: ENTIRE WORKSHOP by September 19th: \$200; \$220 thereafter

INDIVIDUAL SESSIONS: If choosing individual sessions please circle the session(s) you wish to register for.

Friday, November 19th

6:30-9:00pm Workshop: Breath and Bandhas in Your Asana Practice (\$55.00)

Saturday , November 20th

10:00am -12:00pm Guided Ashtanga Primary Series (\$40.00)

2:00pm-4:00pm Workshop (\$50.00)

Sunday, November 21st

8:00am-10:00am Mysore Style (\$40.00)

12:00pm-2:00pm Workshop: Sthira Sukham & Backbending (\$50.00)

Please return registration form and Payment to :

The Yoga Shala
Attn: Krista Shirley
927 N. Pennsylvania Avenue
Winter Park, Florida 32789

Workshop Cancellation Policy/Refunds:

All cancellations must be made 10 days prior to the start of the workshop. Refunds will be given in the form of studio credit only (less a \$15 processing fee). No credits will be given within 10 days of the start of workshop.