

Tim Feldmann 2010 Weekend Workshop  
November 19-22, 2010

Workshop Registration Form

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex (M/F): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Contact Phone: \_\_\_\_\_ Add. Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Website: \_\_\_\_\_

How did you find out about our program? \_\_\_\_\_

**COST: ENTIRE WORKSHOP by September 19th: \$200; \$220 thereafter**

**INDIVIDUAL SESSIONS:** If choosing individual sessions please circle the session(s) you wish to register for.

**Friday, November 19th**

6:30-9:00pm Workshop: Breath and Bandhas in Your Asana Practice (\$55.00)

**Saturday , November 20th**

10:00am -12:00pm Guided Ashtanga Primary Series (\$40.00)

2:00pm-4:00pm Workshop (\$50.00)

**Sunday, November 21st**

8:00am-10:00am Mysore Style (\$40.00)

12:00pm-2:00pm Workshop: Sthira Sukham & Backbending (\$50.00)

**Please return registration form and Payment to :**

The Yoga Shala  
Attn: Krista Shirley  
927 N. Pennsylvania Avenue  
Winter Park, Florida 32789

**Workshop Cancellation Policy/Refunds:**

All cancellations must be made 10 days prior to the start of the workshop. Refunds will be given in the form of studio credit only (less a \$15 processing fee). No credits will be given within 10 days of the start of workshop.